

COLLEGE — DIVING

University of Wisconsin - La Crosse

AANAV PATEL

Diving

Sophomore

Aanav is one of the most dedicated individuals on the men's swim and dive team when it comes to bettering himself in the strength center. In the past year, he has gone from a novice lifter to someone who is now asking for the next challenge. He has invested a great deal of time to learn and master techniques. He has also increased his body mass while maintaining and improving his mobility, both of which are necessary to help him improve his skills in diving. Aanav recently had "the best meet of his life" at the WIAC championships. He posted personal best scores while placing 8th in the 1-meter springboard and 6th in the 3-meter springboard. Aanav is majoring in Business Analytics with minors in Information Systems and Spanish. He is currently at a 3.20 cumulative grade point average. Aanav's journey in strength training has been a thrill to watch. ~Philip Whitesitt