

HIGH SCHOOL — GOLF

Cape Henry Collegiate

COLE HUGHES

Senior

Cole Hughes has been a consistent, year round, participant in our program since his 8th grade year. He is a multi-sport athlete, serving as a standout on soccer and swim teams as well. His 12 month approach and year in and year out consistency is what separates Cole from his peers. To date Cole has achieved a front squat of 300, bench press of 205, and a trap bar deadlift of 460. He is a leader and role model in our community. ~Philip Reichhoff

IMG Academy

CHLOE CHANG

Senior

Chloe has shown tremendous progress in her dedication and effort in her physical development over the years. She shows up, every day, ready to work and get better and is embracing the strain that comes with physical training. ~Andrew Pichardo

IMG Academy

JORGE DEL VAL

Senior

Jorge is one of the hardest workers I've been around. The growth and change he's earned over the past three years has been tremendous and I know he'll continue on the same path. Not only does he work hard, he inspires others, including me, to be their best as well. ~Andrew Pichardo

Mandan High School

STRAY RESSLER

Junior

Stray Ressler is an accomplished athlete who excels in golf, basketball, and track. A four-time state qualifier in golf, Stray has earned both All-Conference and All-State honors throughout her high school career. She was also nominated to the All-Conference Tournament Team and helped lead the girls' golf team to a 4th place finish at the 2024 State Championship. Stray's hard work and dedication have earned her recognition as the Mandan Athletic Boosters Athlete of the Month. In addition to her success on the course, she has proven herself in the weight room with a 125-pound bench press, 185-pound squat, and 135-pound power clean. Stray's athleticism, work ethic, and leadership make her a standout athlete in girls golf. ~Zachairy Morast