

COLLEGE — GYMNASTICS

Springfield College

GUSTAVIN SEUSS

Junior

Gus always acted as a leader in the weight room, always worked hard, and always came in with a positive attitude ~Gregory Baker

Texas Woman's University

KAMILLE ZARLENGO

Junior

Kami is a pleasure to work with in the weight room. I have seen her grow as an athlete, a student, and an individual and she has blossomed into a wonderful human being. Her work ethic is truly commendable as she is always making sure to push herself and have an understanding of the movements that we are doing. Her positive and curious attitude in the weight room has helped improve her strength and helped push her teammates to not only lift more, but to understand the why behind things. Kami has been a mainstay in the uneven bars and floor events this season and continues to push herself during in-season lifting sessions. She is formidable in everything that she does and she attacks challenges with a voracity that is impressive to everyone around her.

~Delaney Baxendale

University of Wisconsin - La Crosse

KYLA DICKSON

Beam/Vault/Floor

Senior

Kyla is an essential member of the gymnastics team at UW-La Crosse. She has brought her interest in exercise science into her training sessions and has continually improved her technique and knowledge of strength training. Kyla has also worked with her strength coach in explaining many of the intricacies of the sport which has played a role in improving the overall strength training programs for her team. Kyla has been having an excellent year in the gym. She has posted season bests on the vault (9.625), balance beam (9.775), and floor exercise (9.725). She has won three event titles so far this season. Kyla is majoring in Exercise and Sports Science (Pre-Athletic Training) with a minor in French. She has a cumulative grade point average of 3.45. Kyla helps lead her team each lifting session with quality physical training and an unmatched energy.

~Philip Whitesitt

University of Wisconsin-Whitewater

DANI DUDZIAK

All-Around

Junior

Dani is everything you look for in a student-athlete. She works hard, leads by example, is coachable and is well respected by her peers. Her work ethic has brought her success in sport, school and life.

~Lee Munger