

COLLEGE — ROWING

Duke University

JANE ATKESON

Rower

Senior

Jane's consistency and grit have made her stand out as a leader in the boat, weight room, and dryland training. Leading the team in pull-ups (14), she balances her role amongst her teammates well, setting high expectations but providing space to motivate and challenge others. ~Nicole Shattuck

Rochester Institute of Technology

OLIVIA HENRY

Senior

Olivia's impact on the strength of the female athletes is truly remarkable. She has a natural ability in the weight room, as evidenced by her 215# Split Squat, 115# Bench Press and over 300# Hexbar Deadlift. Olivia sets a high standard for her peers to aspire to. ~Ryan Kelly

Smith College

GABY AYALA BECERRA

Rower

Senior

Gaby brings a light into the weight room everyday that brightens the training space for her teammates and raises the energy and productivity of the room. She is the type of athlete that reminds you why you chose to go into coaching to begin with. When faced with a difficult and unexpected injury, Gaby committed to the recovery and training process to return to the water as quickly and safely as possible, and channeled every ounce of energy she had while injured to supporting her teammates who were still training. Being the first to hype up a teammate, the first to help someone clean up their area and the first to be a leader in the weight room, Gaby is truly a joy to get to work with. Outside of the weight room and boathouse, she is an exceptional student, graduating this coming spring with a degree in engineering and philosophy and will surely go on to accomplish incredible things after graduation. ~Catherine Winstanley