


MAR
MID-ATLANTIC REGIONAL CONFERENCE**REGISTRATION • MID-ATLANTIC REGIONAL CONFERENCE • DEC 14, 2019**

Name _____ NSCA ID _____

Address _____ City _____ State _____ Zip _____

Phone _____ Email _____

Emergency Contact Name _____ Phone _____

T-shirt Size: Small Medium Large X Large XX Large

	Thru Dec 3	After Dec 3*
NSCA Member Rate	\$95	\$140
Student Rate	\$40	\$50
Non-Member Rate	\$115	\$160

* If sufficient quantities are unavailable, onsite and late registrants may not receive lunch, t-shirt, etc. (if applicable).
Refund Policy: A 50% refund will be granted on/before 12-3-19. No refunds will be given after 12-3-19.

As a strength and conditioning professional, I attest and affirm that I plan to attend and participate in this event. If I do not attend the event, I will notify the NSCA Conference Department of my absence within 1 week of the conclusion of the event. The NSCA will then work with me to credit my NSCA account based on the cancellation policy fees.

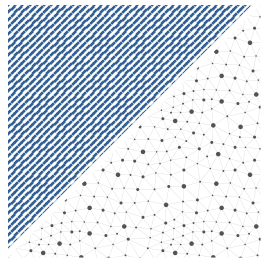
Payment Method (USD) Cash Check (payable to NSCA) VISA MasterCard American Express

Account # _____ CVC Code _____ Exp. _____

Signature: _____

Name on Card _____

Total Enclosed \$ _____ Receipt: Mail Email



NSCA SPD PROGRAM

DURING EVENT FORMS

WAIVER AND RELEASE OF LIABILITY, ASSUMPTION OF RISK AND PARENTAL CONSENT AND INDEMNITY AGREEMENT

In consideration of me being permitted to participate in any way in the NSCA Strength & Conditioning or Personal Training Activities (“Activity”), I agree:

1. I understand the nature of **Strength & Conditioning or Personal Training** activities and believe I am qualified to participate in such Activity. I further agree and warrant that if at any time I believe conditions to be unsafe, I will immediately discontinue further participation in the Activity.
2. I FULLY UNDERSTAND that: (a) Strength & Conditioning and Personal Training Activities involve risks and dangers of **SERIOUS BODILY INJURY, INCLUDING PERMANENT DISABILITY, PARALYSIS AND DEATH** (“Risks”); (b) these Risks and dangers may be caused by my own actions, or inaction’s, the actions or inaction’s of others participating in the Activity, the condition in which the Activity takes place, or THE NEGLIGENCE OF THE “RELEASEES” NAMED BELOW; (c) there may be other risks and social and economic losses either not known to me or not readily foreseeable at this time; and **I FULLY ACCEPT AND ASSUME ALL SUCH RISKS AND ALL RESPONSIBILITY FOR LOSSES, COSTS, AND DAMAGES** incurred as a result of my Participation in the Activity.
3. **I HEREBY RELEASE, DISCHARGE, COVENANT NOT TO SUE, AND AGREE TO INDEMNIFY AND SAVE AND HOLD HARMLESS NSCA**, any respective administrators, directors, agents, officers, volunteers, and employees, other participants, any sponsors, advertisers, and if applicable, owners and lessors of premises on which the Activity takes place (each considered one of the “Releasees” herein) from all liability, claims, demands, losses, or damages on my account caused or alleged to be caused in whole or in part by the negligence of the “Releasees” or otherwise, including negligent rescue operations and further agree that if, despite this release, I, or anyone on my behalf makes a claim against any of the Releasees named above, I WILL INDEMNIFY, SAVE AND HOLD HARMLESS EACH OF THE RELEASEES FROM ANY LITIGATION EXPENSES, ATTORNEY FEES, LOSS LIABILITY, DAMAGE OR COSTS ANY MAY INCUR AS THE RESULT OF ANY SUCH CLAIM.

I HAVE READ THIS AGREEMENT, FULLY UNDERSTAND IT’S TERMS, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT AND HAVE SIGNED IT FREELY AND WITHOUT ANY INDUCEMENT OR ASSURANCE OF ANY NATURE AND INTEND IT TO BE A COMPLETE AND UNCONDITIONAL RELEASE OF ALL LIABILITY TO THE GREATEST EXTENT ALLOWED BY LAW AND AGREE THAT IF ANY PORTION OF THIS AGREEMENT IS HELD TO BE INVALID THAT THE BALANCE, NOTWITHSTANDING, SHALL CONTINUE IN FULL FORCE AND EFFECT.

Printed Name

Signature

Date

PARENTAL CONSENT AND INDEMNIFICATION AGREEMENT

I, the minor’s parent and/or legal guardian, understand the nature of the above referenced activities and the minor’s experience and capabilities and believe the minor to be qualified to participate in such “Activity.” I hereby release, discharge, covenant not to sue and AGREE TO INDEMNIFY AND SAVE AND HOLD HARMLESS each of the Releasees from all liability, claims, demands, losses, or damages on the minor’s account caused or alleged to have been caused in whole or in part by the negligence of the Releasees or otherwise, including negligent rescue operations, and further agree that if, despite this release, I, the minor, or anyone on the minor’s behalf makes a claims against any of the above Releasees, I WILL INDEMNIFY, SAVE AND HOLD HARMLESS each of the Releasees from any litigation expenses, attorney fees, loss liability, damage, or cost any Releasees may incur as the result of any such claim.

Printed Name of Parent/Guardian

Signature of Parent/Guardian

Date

Anti-Discrimination and Anti-Harassment Policy and Procedures for NSCA Events

National Strength & Conditioning Association is dedicated to providing a harassment-free and discrimination-free experience for everyone at NSCA events. Our events are convened for the purposes of professional development and educational exchange in the spirit of free discussion and free expression in an environment in which diverse attendees may learn, network and enjoy the company of colleagues in a professional atmosphere. NSCA prohibits harassment or discrimination in any form by any person attending or otherwise participating in NSCA-sponsored events, meetings or social gatherings.

This Policy outlines expectations for all those who attend or participate in NSCA events. It reminds NSCA meeting participants that all professional academic ethics and norms apply as standards of behavior and interaction at all meetings and events. "Participant" in this Policy refers to anyone present at NSCA events, including staff, contractors, vendors, exhibitors, venue staff, NSCA members and all other attendees.

1. Purpose: NSCA is committed to providing an open and welcoming environment for all participants, including but not limited to race, color, creed, national origin, ancestry, gender, gender identity, marital status, ability, socioeconomic status, age, religion, veteran or military service status, or any other legally protected status.
2. Expected Behavior
 - All participants at NSCA events are expected to abide by this Policy, which includes:
 - i. Abide by the norms of professional respect that are necessary to promote the conditions for free exchange of ideas.
 - ii. If you witness potential harm to an event participant, be proactive in helping to mitigate or avoid that harm.
 - iii. Alert conference or security personnel if you see a situation in which someone might be violating this Policy.
3. Unacceptable Behavior
 - Unwelcome and uninvited attention or contact.
 - Verbal or written comments, or visual images that are sexually suggestive; denigrate or show hostility or aversion toward an individual, or group of individuals; create an intimidating hostile, or offensive environment; or unreasonably interfere with an individual's ability to participate in NSCA activities.
 - Intimidating, harassing, abusive, discriminatory, derogatory or demeaning speech or actions in any context during an NSCA event.
 - Harmful or prejudicial verbal or written comments or visual images related to race, color, creed, national origin, ancestry, gender, gender identity, marital status, ability, socioeconomic status, age, religion, veteran or military service status, or any other legally protected status.
 - Deliberate intimidation, following or stalking.
 - Harassing photography or recording.
 - Disruption of talks or activities at the event.
 - Physical assault (including unwelcome touching or groping).
 - Real or implied threat of physical harm.
 - Real or implied threat of personal, professional or financial damage or harm.
4. Reporting an Incident: If you are being discriminated against or harassed, notice someone else is being discriminated against or harassed, or have any other concerns, please contact an NSCA staff member immediately. NSCA staff can be identified by official staff apparel or badge. All complaints will be treated seriously and will be investigated promptly. NSCA staff will be happy to help attendees contact venue security or local law enforcement, provide escorts, or otherwise assist those experiencing discrimination or harassment to feel safe for the duration of the event. Additional information on reporting an incident at a specific event can be found below.
5. Disciplinary Action: NSCA reserves the right to take any action it deems appropriate against a participant who engages in unacceptable behavior.
 - When NSCA receives a complaint of unacceptable behavior by a participant, the matter will be reviewed in a timely manner, taking into consideration the relevant facts and circumstances. The complainant and any parties involved may be asked to provide written statements.
 - Any participant found to have engaged in unacceptable behavior may be removed from the event without refund and/or excluded from future events.
 - Any NSCA member or certificant behaving in an unacceptable manner may be subject to additional consequences, including but not limited to suspension or expulsion from NSCA membership and/or revocation of their certification.

DATE	PRINTED NAME	SIGNATURE